

Children, Youth, & Family – Central Intake 780-342-2701

- Rutherford
- Northgate Mall

Suburban/Rural service locations

- Fort Saskatchewan
- Leduc (including Beaumont and Devon)
- Morinville (including Gibbons and Redwater)
- St. Albert
- Sherwood Park
- Spruce Grove

**SHELTERS:**

Hope Mission (men/women)	780-429-3470
WEAC - Women's Emergency Accommodation Center	780-423-5302
Nexus Overnight Shelter (men/women; 15 – 21 yrs.)	780-468-7070
Lurana Shelter (women and children)	780-424-5875

Community Counselling & Support Resources:**Community Resources – Edmonton & area** 211

- Family & Community Support Services (FCSS)*
(*Call 211 for contact information for the following locations:
Sherwood Park, Beaumont, Stony Plain, St. Albert, Spruce Grove, Leduc,
Fort Saskatchewan, Gibbons, Redwater, Bon Accord, Devon, Morinville)
- Cornerstone Counselling 780-482-6215
- Momentum Counselling 780-757-0900
- Family Centre 780-423-2831

- Catholic Social Services 780-432-1137
- Family Violence – Find Supports 310 -1818
- Canadian Mental Health Association (CMHA) programs 780-414-6300
- SACE - Sexual Assault Centre of Edmonton 780-423-4121
- The Schizophrenia Society of Alberta
Edmonton Chapter 780-452-4661

**ONLINE
RESOURCES:****Help in Tough Times:**

<https://www.albertahealthservices.ca/amh/Page16759.aspx>

Text4Hope:

<https://www.albertahealthservices.ca/topics/Page17019.aspx>

Kickstand – More Good Days (Support for Young People):

<https://mykickstand.ca>

Wellness Network:

<http://wellnessnetworkedmonton.com>

Canadian Mental Health Association Edmonton:

www.edmonton.cmha.ca/211-resource-lists

We All Believe in You – peer support:

www.weallbelieveinyou.com

Togetherall – anonymous online support:

www.togetherall.com

Pride Centre of Edmonton:

www.pridecentreofedmonton.ca

**Addiction & Mental Health Services**

Pocket Guide to Accessing Community Supports

Edmonton Zone

Mental Health Foundation

REVISED August 2021



EMERGENCY SERVICES

For imminent risk and immediate assistance

Call 9-1-1

CRISIS SERVICES

ACCESS 24/7 (Adult Crisis Line & Response Teams)	780-424-2424
Mental Health Crisis Team for Edmonton (Children & Youth)	780-407-1000
Canadian Mental Health Association – Edmonton Region Distress Line	780-482-4357

AHS PROVINCIAL HELPLINES

Mental Health Help Line	1-877-303-2642
Addiction Helpline	1-866-332-2322
Virtual Opioid Dependency Program	1-844-383-7688
Health Link	811

CENTRALIZED INTAKE SERVICES ADDICTION & MENTAL HEALTH

ACCESS 24/7 (Adult Intake)	780-424-2424
Access Open Minds (Young Adult Intake – 16 to 25 yrs.)	780-887-9781
Children, Youth, and Families Addiction & Mental Health Intake	780-342-2701

SUBSTANCE USE SERVICES

Addiction Recovery Centre (Medical Detox)	780-427-4291
George Spady Centre Medical Detox Unit (no longer a shelter)	780-424-8335
Henwood Treatment Centre (Adult Residential)	780-422-9069
Opioid Dependency Program Edmonton	780-422-1302
Youth Addiction Services Edmonton	780-422-7383
National Overdose Response Service	1-888-668-6677

SERVICES FOR INDIGENOUS PEOPLES

Edmonton Native Healing Centre (pastoral counselling)	780-482-5522
Red Road Healing Society (counselling & family therapy)	780-471-3220
Native Youth Crisis Hot Line	1-877-209-1266
Hope for Wellness Help Line	1-855-242-3310

SENIORS' SERVICES

Community Geriatric Psychiatry Program	780-342-9100
Westmount Geriatric Psychiatry Day Program	780-342-9110
Ermineskin Geriatric Psychiatry Day Program	780-342-1400

SOCIAL, VOCATIONAL & RECREATIONAL SERVICES

Recovery Supports	780-342-7754
Young Adult - Social, Recreation and Wellness Program	780-782-5042

OTHER INFORMATION & SUPPORT

211 Alberta: Information for social, health and government services	211
Emergency Income Support Centre	1-866-644-5135
Child Abuse Hotline (24/7)	1-800-387-5437
Kids Help Phone	1-800-668-6868

AHS & Covenant Health - Addiction & Mental Health

ACCESS 24/7 Centralized Intake & Walk-in Services 780-424-2424

City of Edmonton service locations:

- 10010 102A Avenue Building
- 108th Street Building
- East Edmonton Health Centre
- Northeast Community Health Centre
- Northgate Mall
- University of Alberta Hospital – Psychiatric Treatment Clinic
- Royal Alexandra Hospital – Outpatient Program 780-735-4181

Suburban/Rural service locations:

- Fort Saskatchewan Community Hospital
- Leduc Centre Hope Building (including Beaumont and Devon)
- Morinville Provincial Building (including Gibbons and Redwater)
- St. Albert Provincial Building
- Strathcona Community Hospital (Sherwood Park)
- Spruce Grove – Stan Woloshyn Building
- Stony Plain – WestView Health Centre (including Evansburg)

Grey Nuns Community Hospital – Outpatient Programs	780-735-7000
Misericordia Community Hospital – Outpatient Program	780-735-2792